







Plot 96-98, 5th Street, Industrial Area P. O. Box 33479 | Kampala, Uganda Tel: +(256)414 255 433 | Mobile: +(256) 752 748 833 Email: gm@eastafricandistributors.com www.eastafricandistributors.com







### 3 Foreword

Another successful year for Mada Hotels - and East Africa

- 6 Mada News
- Take a Trip to the Wild Side Capturing that moment of magic
- 12 Coolest Pools in Africa Make a splash
- 17 A Taste of the Coast From biryani to barracuda – there's something for everyone
- 20 Kogatende Jewel of the Serengeti
- 22 African Coffee Best of blends...
- 24 Ankole Cows Horns of plenty - with a royal connection
- Tick Behind the Tock Meet the Mada team
- 32 The Mada Family
- 35 Adventures Aloft Balloon Safaris We're floating in the air...

# 38 Hotel La Mada

Peaceful property in a woodland setting

# The Oakwood Hotel

A central location with comfort and old-world charm

# 43 Kilifi Bay Beach Resort

Peace, comfort and good food in a great setting

- 46 Baobab Sea Lodge Boutique hotel offers tranquillity
- 49 Balloon Camp Tarangire Opulence with high adventure
- 52 Fig Tree Camp Luxury base for activities galore
- Kilima Safari Camp Deluxe property with game drives and mountain views
- 58 Jinja Nile Resort Five-star luxury with famous views
- 61 Hunters Lodge Refurbished roadhouse with original charm
- 64 What's Cooking Give your taste buds a treat

# MADA HOTELS ONLINE



www.madahotels.com



ww.facebook.com/pages/ Mada-Hotels/182266415122317



www.twitter.com/MadaHotels



www.youtube.com/madahotels



www.pinterest.com/madahotels



ww.madahotels.blogspot.com



www.issuu.com/landmarine/ docs/reflections11

# CONTACT MADA HOTELS

# **KENYA:**

## Mada Hotels Central Reservations

PO Box 40683-00100 Nairobi, Kenya

Mobile: +254 721 701014 +254 722 202564

+254 733 640339

+254 733 621532

Fax: +254 20 265 1890

Email: sales@madahotels.com

## TANZANIA:

# Adventures Aloft Balloon Safaris

House No. UNDP 15 Kijenge Phillipe's Road, Arusha Tel: +255 272 543 300 Mobile: +255 685 250153

# Balloon Camp - Tarangire

Tel: +255 628 513163 Mobile: +255 685 250153 Email: tarangire@madahotels.com

# **UGANDA:**

# Jinja Nile Resort, Uganda

PO Box 1553 Jinja, Uganda Mobile: +256 753 942722 +256 774 676832 Tel: +256 434 122190/1/2 +256 332 122190/1

Fax: +256 434 122581

Tel: +256 414 233 593 Mobile: +256 722 607385 Marketing: +256 722 503820 Email: nileresort@source.co.ug

Kampala Office:





# Family Deleas Meas



# **BUL cares for your Taste!**



BIDCO UGANDA LTD. P.O. Box 1136, Jinja - Uganda. Tel: +256 (0)43 412 4200. Fax: +256 (0)43 412 4888. Website: www.bul.co.ug





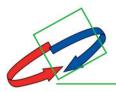
# Another successful year for Mada Hotels – and East Africa

of Reflections – the in-room and corporate magazine of the Mada Group.

The Mada Group is active in three East
African countries – Kenya, Uganda and
Tanzania – with a portfolio of eclectic hotels,
resorts, lodges and camps. In addition, our
ballooning operation, Adventures Aloft, now
has five bases across Kenya and Tanzania in
key locations such as the Masai Mara National
Reserve and Serengeti National Park.

The past 12 months have been highly positive for Mada, with several exciting new developments taking place across our hotels and ballooning sites. Our luxurious tented camp in Kenya's Masai Mara, Fig Tree Camp, recently underwent renovations including new and improved tents that are bigger than ever before. The feedback from these renovations has been fantastic and we are all really happy with the finished product, helping us to offer our clients a world-class Mara experience.





# **Hydrotech Engineering Limited. (H.E.L-Group)**





At Hydrotech we offer the following services:

- ✓ All welding services (C/S & Inox, HDPE, Mig, Co2 & Aluminum).
- ✓ Non-destructive test (NDT) i.e. X-ray, UT, DPT, magnetic particles, corrosion mapping, passivation, endoscope, etc.
- Man power supply for both big and small projects (welders, fitters, insulators, electricians, etc).
- √Training, testing and qualification of high pressure welders.
- ✓ Supply of industrial fittings and spares, gas, electrodes, etc.

We are open: Monday – Saturday 8.00am – 5.30pm

**Location:** P.O. Box 348 Jinja Uganda, P.O. Box Omuganda Rd Gisenyi Rwanda **Email:** hydrotech2011@gmail.com,

techprocess.systems@yahoo.co.uk

Web: www.hydrotechgroup.com

# **Hydrotech Eng Ltd**

Tel: +256 434 124 138 / +256 702 069 599 +256 721 932 599 / +250 735 197 426

+250 782 507 404 / +256 753 900 939

Our experiences/current customers:

- Heineken International
- Boctech Netherlands
- IBK Holland
- Global Water (GWE) Belgium
- Ghemo-German
- Krones-German, and others



Over the border in Tanzania, we have added six new tents to Balloon Camp Tarangire to cope with the huge demand from our clients. Two of these tents are family tents, which will further improve the experience for those travelling with children and larger groups. Although we have increased the number of tents, we have managed to retain the intimate experience of staying at the camp, so that each guest has a relaxed and memorable stay.

Further north, in the Ngorongoro Conservation Area, we are pleased to announce that Adventures Aloft has launched balloon flights over the famous Olduvai area, a Unesco World Heritage Site known as the 'Cradle of Mankind'. A flight in Ngorongoro is a unique way to appreciate the Serengeti's wildlife in addition to this very special archaeological site.

# Developments

In addition to our existing portfolio, we have two exciting new developments in the works. The Kampala Nile Resort in Uganda is well under way and expected to open in 2018. We're confident that this resort will be a huge success as it has been designed to give our guests the feeling of being in a resort environment, yet a stone's throw from the city centre. This resort will undoubtedly be one of Kampala's leading properties, with amenities and services catering to both the leisure and business traveller.

Elsewhere, progress on our Zanzibar project is coming along well and we are on target to open this property in 2019. Located in Michamvi, on the island's east coast, this resort is the first Mada property in Zanzibar and is sure to offer an excellent new experience for our valued guests.

With properties in some of the most picturesque regions of Africa, it makes sense to capture and share these scenes with the world, which is why we've chosen to highlight wildlife photography in this issue of Reflections. I come from a family of photographers; my father was one of the first professional photographers in the region and he started Elite Studios in Nairobi in the 1970s. I have inherited my father's passion for photography and am a keen photographer myself, so I would like to encourage anyone coming to stay with us in one of our properties to capture the moment forever with photographs.

# **Progress**

The positive progress for Mada Hotels is in parallel with the recent rise in tourism figures for Kenya, helping East Africa to once again be Africa's most preferred destination. Flight connections from East Africa to the rest of the world are continually improving and we are especially excited about the new direct flights from Nairobi to New York, due to start later this year. This is a hugely welcome move by Kenya Airways that will undoubtedly encourage more people to come and experience the wonders of this region.

Our success over the years is really based on the fantastic locations across East Africa from which we operate and the team of staff who are truly committed to offering our guests the best possible experience. We welcome you to experience Mada Hotels and hope you enjoy your stay or balloon flight with us.





Tinu Mhajan
Chief Executive
Mada Group





# Kampala Nile Resort to open in 2018

The highly anticipated opening of the brand-new Kampala Nile Resort will take place in summer 2018. This latest addition to the Mada Collection – the company's second Ugandan property – will be located in Namanve Business Park.

The new resort will have a total of 120 guest rooms and two penthouse suites as well as 14 conference halls with a capacity of up to 500 people. There will also be a gym, a spa and a treatment centre, while the lush grounds can be used for both weddings and team building activities.

Offering the warm hospitality for which Mada Hotels is well known, this addition to Namanve Business Park is likely to be a huge hit with both business guests and leisure travellers looking to stay in the area.





# **Zanzibar Palace Hotel** under construction

Another new property under construction for Mada Hotels is the luxurious Zanzibar Palace Hotel, currently being built in the Michamyi area on the delightful east coast of Unguja. It is expected to open in 2019. Built in a traditional Swahili design, and with 500 metres of beach frontage, this hotel will be Mada Hotels' first property in Zanzibar. In addition to the beautiful beach, the hotel will have several entertainment amenities for guests to enjoy during their stay.





# Kilifi Hotels going solar

Mada Hotels' two properties in Kilifi – Kilifi Bay Beach Resort and Baobab Sea Lodge – are going green. Rooms at both properties now make use of solar water-heating technology as part of a policy of clean energy and less reliance on hydro and thermal energy.





# New family tents at **Balloon Camp Tarangire**

Balloon Camp Tarangire is a haven for family getaways; so, for those travelling with children or in a large group, new luxurious family tents overlooking the expansive Tarangire National Park have been installed. These tents offer both comfort and convenience for guests and ensure that a family stay at the camp will be better than ever.

# New balloon flights in Ngorongoro

The Mada Hotels-owned balloon safari operator Adventures Aloft recently added a new destination for balloon flights in the Olduvai Gorge area of the Ngorongoro Conservation Area in Tanzania. Balloon flights in this area offer a breathtaking view of the gorge, while during the great wildebeest migration guests can also witness this spectacular event from above. Pick-ups are available from lodges in both the crater area and the Ndutu area for early morning flights. This new site is the fifth location for ballooning safaris run by Adventures Aloft. The company also operates flights in the Masai Mara, Tarangire and two sites in the Serengeti – Kogatende and Togoro.







# Take a Trip to the Wild Side

The brothers would come up with unusual ways of getting close to their subjects, such as using oxhide to disguise themselves while out in the wild or dangling above rocks to film birds in their nests. While the safety of these methods might be questioned today, the brothers were among the first people to dedicate their lives to photographing wildlife, paving the way for future photographers.

Around the same time as the Kearton brothers were concealing themselves in oxhide, the American photographer George Shiras began experimenting with camera traps and flash photography to capture images of wildlife around Michigan and Lake Superior. His pioneering techniques and striking images were unique at the time. Several years later, in 1906, 'National



Geographic' published a series of 74 of Shiras's photographs – the first wildlife pictures to appear in the magazine. Despite a mixed feedback, this photo-series helped to shape the magazine over time; wildlife pictures have been long established as a regular feature of 'National Geographic'.

# Diverse

Here in East Africa, the game-rich national parks and diverse landscapes have helped to cement the region as a 'go to' destination for wildlife photographers in search of breathtaking images. Organised photo-safaris are popular in many of the region's national parks, offering visitors the chance to get close to the amazing wildlife, often with the help of an experienced photographer or safari guide who can help them to obtain the best shot.

National parks such as the Masai Mara and Serengeti offer a huge variety of wild animals and birdlife that can make a striking subject for a still image. They include big game that once was hunted with a gun but now is more likely to be shot with a camera. The wide range of landscapes, from kopjes to rivers to mountains, is a perfect backdrop.

You don't have to go on safari, however, to get some wonderful images of wildlife. As long as you have a camera and a subject, you can get shooting. If there's a park nearby or



# Wildlife Photographer of the Year

Perhaps the greatest accolade for any enthusiast is to win the title of 'Wildlife Photographer of the Year', awarded annually at a ceremony at the Natural History Museum in London. The competition, now in its 54th year, draws thousands of entries from across the world, with awards in various categories such as 'Animal Portraits' and 'Urban Wildlife'. There are two main 'Photographer of the Year' awards in order to recognise both young and adult talent.

an area containing animals or birds, make the most of it and spend some time snapping away. Some of the most intriguing images are those that capture the unexpected in everyday life, encouraging the viewer to look closer at what's around us, such as a bird taking flight or a squirrel collecting food.

# **TOP TIPS**

While the end result can be spectacular, the process is full of challenges, from continuously moving subjects to long days out in the sun. If you're interested in getting started in wildlife photography, here are some tips to help you score that winning shot.

## **BE PATIENT:**

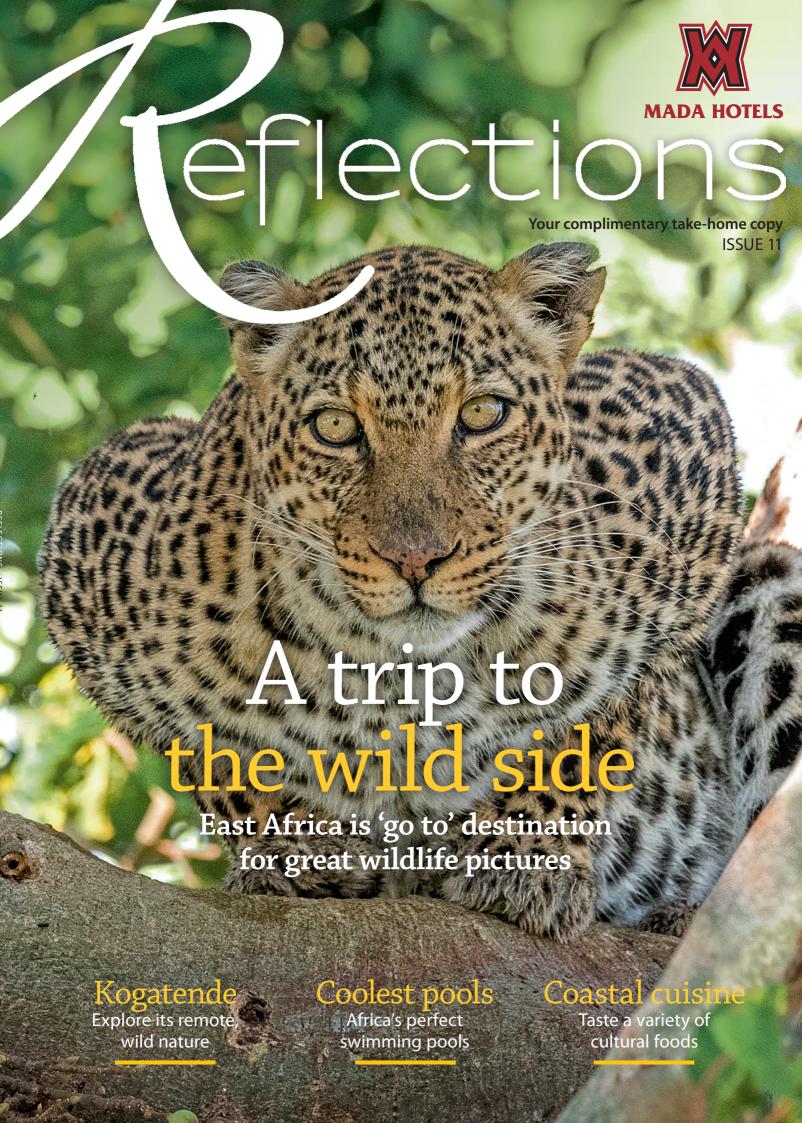
Patience is one of the most important traits of a successful wildlife photographer. While you may be lucky enough to capture the perfect shot by a fluke, it usually takes a lot of sitting, studying and waiting for the right moment. Be prepared to spend a long time in one area or make multiple trips to the same place.

# **RESEARCH YOUR SUBJECT:**

This ties in with the above if you have a particular subject in mind. If you're set on photographing a specific individual or species, it's a good idea to do a bit of research, whether it's spending days tracking them in the bush or learning about the behaviour of that particular species, in order to be in the right place at the right time.

# **GET THE MOST FROM YOUR CAMERA:**

A digital single lens reflex (DSLR) is the camera of choice for many thanks to the multitude of settings and lenses that can be used to enhance photographs. Before heading off, get to know your camera's settings – notably those that will make best use of your location and subject, such as shutter speed and focus.































Yarrow road, Off Nanyuki road P.O.Box 37376 Nairobi Tel: +254 715 468 473 | 0732 808 888 Email: contact.kenya@lakeoilgroup.com www.lakeoilgroup.com

Lake Oil Group, Plot 49 Mikocheni Industrial Area P.O.Box 5055 Dar es Salaam, Tanzania

# 

Whether you're a fitness fanatic who enjoys swimming lengths or someone who wants to laze around and soak up the sun, everyone agrees that the perfect pool can complete your trip away. From architectural to infinity styles, here are some of the best swimming pools across the continent.



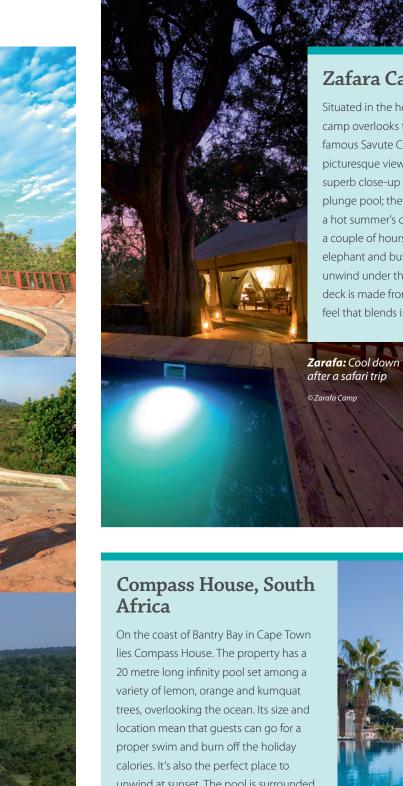
# Balloon Camp Tarangire, Tanzania

The 10 magnificent tents at Mada Hotels' Balloon Camp are located close to Boundary Hill, with fine views of Tarangire National Park. Located 500 metres from the camp is a rather unusual pool set high on a rock overlooking the northeast side of the park. The view from this pool is well worth the short walk. It's the ultimate place for watching classic sunrises and sunsets behind an abundance of treetops. In addition, the pool features an 'infinity' edge, allowing the water to flow over the side of the rock. This produces a visual effect of water with no boundary, creating a tranquil paradise for Mada guests to relax in. There is a pool bar so that visitors can unwind with a refreshing drink.









# Zafara Camp, Botswana

Situated in the heart of the Selinda Reserve in Northern Botswana, this spectacular camp overlooks the crystal waters of the Zibadianja Lagoon, source of the famous Savute Channel. Animals can often be seen drinking from the lagoon – a picturesque view for guests. Each tent offers its own private plunge pool with superb close-up views of the Selinda and its animals. Larger than your average

plunge pool; they offer the perfect quick cool-down on a hot summer's day after a safari trip. Alternatively, take a couple of hours out of your day to relax and watch elephant and buffalo pass by in the dry season. At night, unwind under the stars on a deck dotted with candles. The deck is made from old railway sleepers, giving a natural feel that blends in with the surroundings.



unwind at sunset. The pool is surrounded by comfortable sun chairs including shaded double lounge beds and sofas on which guests can take a mid-morning nap after their swim. Ground-floor rooms have glass doors opening onto the deck, so it's easy to have a quick dip first thing after you wake up or last thing before bed. From the pool's deck some visitors are lucky enough to spot whales in the ocean.



The directors and staff of...

# The OPTETE Insurance Agencies Ltd.

are proud to be associated with Mada Hotels



PO Box 41290, Nairobi, Kenya Telephone: 3741691 / 2014269

Telefax: 3753154

Email: js\_orientinsurance@hotmail.com

# Coolest Pools in Africa

# Hotel La Mada, Kenya

On the peaceful edge of Kenya's capital lies Hotel La Mada, a boutique property set in a shady woodland area near Karura Forest. A stream runs through the hotel grounds, which are covered in trees and plants, offering a tranquil paradise for guests. Within these well-kept gardens is a uniquely shaped and good-sized swimming pool. The forest is home to several species of monkey and birdlife, providing an ideal setting in which to laze in the sun and escape the bustle of city life. At night, the pool is lit by fairy lights hung from the surrounding trees, creating a

romantic ambience. There are comfortable loungers in both sunny and shaded areas as well as a pool bar offering cool drinks. There is also a roomy canopy for those who like to stay out of the heat.





# Kasbah Morocc Perched in the Mountains in has a delight tiles and exo all is a luxuric titled the 'ref the clear blu Reflection: Kasbah Tamadot

# Kasbah Tamadot, Morocco

Perched in the foothills of the High Atlas Mountains in Asni, the Kasbah Tamadot has a delightful courtyard with Moroccan tiles and exotic flowers. In the centre of it all is a luxurious infinity pool, appropriately titled the 'reflection pool' as it mirrors the clear blue sky and equipped with

golden brown sun loungers and royal red towels. From the forecourt, guests have a spectacular view of the mountains. In the evening, the pool is decorated with rose petals and floating candles while guests dine in the rooftop terrace restaurant. The pool is heated in winter months and on cooler evenings and a hot tub is available to relax in.



Protect your wealth through every stage of your life.

As one of East Africa's largest and most innovative insurers and financial services companies, our decades of experience and our eye on the future will help you navigate today's complex financial landscape. We're better together.



**INSURANCE · PENSIONS · INVESTMENTS · TRUSTS** 

**ICEALION.com** 



# From biryani to barracuda – there's something for everyone



enya's coastal cuisine stands in a league of its own. An abundance of fresh produce – notably seafood and fruit – together with a variety of cultural influences down the years has led to a vibrant and enticing range of dishes for meat-eaters and vegetarians alike.

A key factor is the region's history of conquest and settlement by various groups, including the Portuguese and the Omanis, resulting in a coastal cuisine that is markedly different from what you find inland. While meat-based items such as nyama choma (grilled meat) and stews are popular in other parts of the country, here at the coast there is a much greater emphasis on dishes based on the abundance of fresh fish – although meat-based and vegetarian dishes are available, too.

Fishing has been a huge part of coastal life for centuries, thanks to the availability and variety of fish and seafood along the Swahili coast; and this is reflected, too, in the area's popularity as a sport fishing destination, with prized catches such as dorado and giant trevally to be found in the area.

# Fish and seafood

For local people, however, fish and seafood play an important role in their diets and lifestyles, with many fishermen still using traditional methods and vessels to head out to sea and haul in their catches. Popular types of fish and seafood available along Kenya's coast include tuna and swordfish as well as lobster, crab and prawn. Octopus is another delicacy in this area.



# **BUILDING A BETTER FUTURE**

Established in 2006, Halai Holdings is a Uganda based construction company. The company has earned recognition for undertaking large complex projects, fostering innovation, embracing emerging technologies and making a difference for their clients, employees and the community.



# **OUR SERVICES**

- Demolition
- Stone Quarry
- Machinery Hire
- Land Excavation
- Concrete Products





Plot 71-72 Semwata Road, P.O. Box 9826, Ntinda Kampala, Uganda hshalai@gmail.com | info@halaiholdings.com +256 750992211 | +256 750992220 / 02

www.halaiholdings.com





# It's people that matter!

IT COULD SAVE YOUR LIFE TOMORROW!

Free air emergency medical evacuation

Peace of Whad

- Two free ground ambulance evacuations within Kenya
- 24hr access to The Flying Doctors' Society Emergency and Member **Contact Centre**

coverage: Kenya, Uganda, Tanzania, Rwanda and Burundi

## (ENYA:

+254 722205084 +254 733333004

# DAR ES SALAAM:

+255 784240500

# **ARUSHA:**

+255 689165165

www.flyingdoctorsafrica.org Email: marketing@flyingdoctorsafrica.org



**NEED TRANSPORTATION SERVICES?** Look no further!



We are a superior solution provider in the domestic, regional and international courier industry.

## WHAT WE DO

Supply Chain Management Importing & Exporting

**Embassy House** 4th Suite 410 Nairobi, Kenya Tel: +254 726 771 499 / 722 359 463 / 711 755 556 Email: info@tmxglobal.com lundi@tmxglobal.com www.tmxglobal.com

OUR PARTNERS:









# A Taste of the Coast

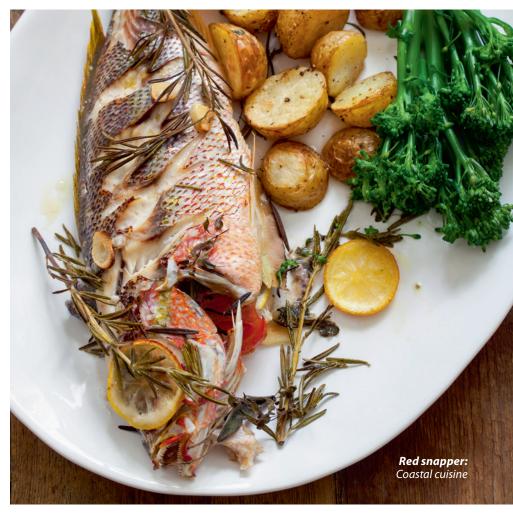


Some of the more unusual types of fish, however, are served at Mada Hotels' Kilifi Bay Beach Resort, offering guests the chance to taste some rare and sumptuous dishes they may not have experienced before. Guests at Kilifi Bay can enjoy a range that includes: barracuda, a large fish with a firm texture and flavoursome meat; rabbitfish (also known as tafi), which tastes great pan-fried or in a curry; parrotfish, a brightly coloured fish best served on the bone; bluefish, an oily fish with a strong flavour; red snapper, a lean fish with a sweet, distinctive flavour; and many more.

Taking their influence from the Indian communities that settled in the region, some of the most popular dishes at the coast are biryani and pilau, two rice-based dishes that have been given an East African twist to distinguish them from their Asian counterparts.

Biryani is a mixed rice dish containing meat such as mutton or chicken and spices like cinnamon, nutmeg and cloves. The rice and meat are typically cooked separately before being layered before serving. A Swahili biryani tends to be like the original biryani (although there are numerous regional variations), using a similar mix of spices and chicken or mutton as the meat. Beef biryanis are fairly common, too. Biryanis differ according to individual recipes and preferences, but a good biryani should have tender meat, perfectly cooked rice and a flavoursome spice blend.

Swahili pilau is a variation of the classic Indian pilaf, also known as pulao, and is popular across Kenya, although the best pilaus are



arguably found at the coast. Pilau is rice cooked in stock with added meat and/ or vegetables and seasoned with a mix of spices. Unlike biryani, all the ingredients in a pilau are cooked together and can be served either as a side dish or a full meal. Beef pilau is one of the most popular types of Swahili pilau, although chicken is also common, as well as plain pilaus without any meat perfect for vegetarians looking to try some authentic coastal food.

# Sweet treats

While much of the typical coastal cuisine is savoury, dessert-lovers will find something to satisfy their cravings, from sweet doughnutstyle treats to an abundance of local fresh fruit.

Among the most popular treats found at the coast is the mahamri. These fried doughnut-style snacks, often triangular or round in shape, are made using coconut milk, cardamom, flour, sugar, yeast and warm water. Mahamris are typically enjoyed with a cup of tea or coffee but can be eaten at any time of the day.

Kaimati are another delicacy typical of Swahili cuisine. Not dissimilar from mahamri, kaimati are fried dough balls coated with a sweet, sticky syrup. They are popular during the month of Ramadan but can be found yearround at the coast.



For something a little healthier, visitors to the coast can enjoy a bountiful selection of fresh fruit, including mango, passion fruit and watermelon.

Kogatende







ocated in northern Tanzania, close to the border with Kenya, Kogatende is the jewel of the Serengeti, comparatively underexplored yet with excellent wildlife viewing potential, making it a great choice for those looking to experience the wild nature of this special national park.

Kogatende (also known as Wogakuria) is a remote area of the northern Serengeti that comes alive during the annual migration in particular but is well worth visiting at any time of the year. Valleys, hills and kopjes are key features of the Kogatende landscape, while the Mara River winds its way through the northern area close to the border with Kenya.

Kogatende is served by a small airstrip, catering for both scheduled and charter services, while those visiting from other areas within the Serengeti can get there by road. Despite its relative ease of access, Kogatende remains one of the Serengeti's best-kept secrets.

# Migration

The Mara River plays a huge role in the annual wildebeest migration, so a visit to Kogatende in the migration season is highly recommended. In the course of this magnificent annual event, over a million wildebeest, zebra and gazelle make their way from the Masai Mara to the Serengeti in search of greener pastures, before returning to the Mara and repeating the cycle. The migration follows a relatively regular pattern, with the wildebeest herds departing and arriving in the same places more or less in the same months of each year. But the exact movements of the wildebeest are dependent on the weather and on where the grasses are plentiful for grazing.

Wildebeest will generally arrive in the Kogatende/northern Serengeti region during July and August and stay in the area until mid October. Before they depart, the thousands of wildebeest must cross the perilous crocodile-filled Mara River in one of the most extraordinary sights of the migration. The spectacle of scores of wildebeest risking their lives to cross the river is a thrilling highlight for many visitors to Kogatende.

While the migration is arguably the main attraction, the high numbers of wildlife and untouched nature of the northern Serengeti make it a great destination for those looking to enjoy a variety of landscapes and to view the wildlife without the crowds. Those staying in the Kogatende area can expect to see a range of fauna including buffalo, zebra and giraffe, with lions and leopards often not far away. The birdlife of Serengeti is as exciting as its wildlife, with over 500 species recorded in the park, including the lilac-breasted roller, Fischer's lovebird and the secretary bird.

Kogatende is also one of two sites in the Serengeti from which the Mada Hotelsowned company Adventures Aloft operates balloon flights. Offering a pick-up service from various camps in the area, Adventures Aloft invites passengers to witness the wonderful Serengeti from high above the plains. A balloon flight during the great migration is an exceptionally magical experience, but the beauty of Kogatende can be appreciated from an aerial viewpoint all year round.



# Best of blends...

Get to know East Africa's top varieties of coffee

East Africa is the birthplace of coffee, known as the origin of famous flavours like Geisha and Yirgacheffe – popular with coffee fanatics around the world due to their superb flavour, blending and roasting. Their popularity is mainly due to the floral and berry-like aromas that complement the spices of other coffee beans so perfectly.



# Varieties of coffee bean

Generally speaking, there are two main varieties of coffee bean – Arabica and Robusta – often blended together to create new varieties. Both types of bean originate from East Africa; they taste different from one another depending on where and how they are grown.

## COFFEE FACTS

- Coffee is grown on trees or shrubs and produces coffee cherries. It is the seed inside the cherry that is known as the coffee bean.
- 2. Coffee was first discovered in Ethiopia in the 11th century.
- East African coffee beans are higher in acidity than other coffee, so the beans are usually blended with other varieties to make them more palatable.

# Arabica

Arabica coffee – also known as Arabian or Mountain coffee – derives from the highlands of Ethiopia and is grown in humid and tropical areas with a high altitude. The plants that produce the beans are seven metre tall shrubs with long green leaves and fragrant white flowers. Arabica is the first species of coffee and the most commonly used. Today it represents around 60 per cent of the world's coffee production. Blends made with Arabica beans range in taste from sweet to tangy. When roasted, they have a perfume aroma with notes of fruit and sugar.

# Robusta

Native to Ethiopia and some other African countries, including Tanzania, the Robusta coffee bean is strong and full-bodied. Its taste is rather harsh compared with Arabica beans and it derives from a robust plant or tree which grows at sea level. As a result, there is less need for maintenance and attention, making these beans cheaper to produce. Robusta coffee tends to be higher in caffeine than Arabica and is considered a relatively new type of bean, having been recognised as a coffee species only in 1897.





# **BLENDS**

The art of coffee blending is a modern method used by roasting companies to establish and characterise their businesses. Here (below) are some of the best blends in our region:



**Blends:** Mixing roasted coffee

# Tanzanian Peaberry

One of the most popular blends of coffee in Africa, the Tanzanian Peaberry coffee beans are grown on the slopes of Mount Kilimanjaro and account for some five to 10 per cent of the world's coffee production. This low figure is due to the fact that peaberries occur only when a single bean grows inside the berry as opposed to the usual two seeds (or 'beans' as we know them). As a result, the coffee has a higher concentration, giving off an intensely rich and distinguished flavour with fruity and zesty notes; yet little acidity is found in the bean.

# Kenya AA

Kenya AA is made using an Arabica variety of coffee bean. It is considered one of the world's best, hence its 'double A' name. Grown in Kenya at elevations of more than 6,000 ft above sea level, it is the highest grade of coffee bean on the scale, based on its size, shape and density. The high altitude causes the plant to grow at a slower rate, resulting in a more flavoursome coffee bean. The Kenya AA coffee blend is lightly roasted with medium to high acidity and a heavy rich flavour.

# Ethiopian Harar

Heavily spiced with a pungent fragrance, this coffee is grown some 6,000 ft above sea level on small farms in the eastern Ethiopian town of Harar. As a result of the high altitude, these beans have a fruitful and full-bodied taste. The beans that make up this coffee are of a Wild Ethiopian Arabica variety, which gives a wine-like flavour to this exotic blend. It's high in acidity and has an earthy taste over smooth and fragrant notes accompanied by blueberry and blackberry aromas. Opt for this coffee as an after-dinner drink for the perfect finish to your meal.

# Horns of plenty –with a royal connection

Tith their spectacular horns and deep-red coats, Uganda's Ankole longhorn cattle are striking and unique, with a history of royal connections, symbolic status and healing powers that have made them creatures of great importance in local communities.

A subspecies of the Sanga cow, native to sub-Saharan Africa, the Ankole is found across western and south-western Uganda and is thought to be a result of crossbreeding between Indian and African cows thousands of years ago. Over time, the Ankole has developed the ability to live and reproduce in a climate where food and even water can be scarce. Despite this, Ankole cattle have survived in Uganda for hundreds of years and play an integral role in the local communities where they are found.

# Horns

The first thing you notice about the Ankole is its remarkable horns, which curve symmetrically upwards from its head. The horns are whitish in colour, often slightly darker at the points, and they can grow to a staggering 8 ft in length. In fact, it was traditionally said that the length of the Ankole's horns was a measure of its owner's wealth, so that a well-bred cow with long horns signified a man of substance.

These horns serve a variety of purposes. They offer protection from predators such as big cats and help to regulate the cow's body temperature in the hot climate and ensure

good circulation. They also come in handy when navigating the bush. After a cow dies, the horns can be used to create jewellery, ornaments and tools.

It seems that almost every part of the Ankole has a use in the community. Their dung is used to fertilise crops; while, more unusually, the dung of Ankole cows in Rwanda is used to create traditional paintings called imigongo. Their urine can be used for traditional medicines, while the milk can be drunk and used to make butter, ghee and yoghurt. It's not uncommon for cattle owners to mix the blood and milk together to make a highprotein drink. Ankole meat is low-cholesterol and tender, making it a tasty alternative to other types of beef.

It is hard to understate the role of the Ankole within local communities. They have been called the 'cattle of kings' because of their links with royalty in south-west Uganda and Rwanda. The cows were often included in royal events and some were even taught to dance for these special ceremonies, or so it is claimed. The royal connection has earned the Ankole a special status in Uganda, where it can be a highly prized gift for special occasions and is sometimes used for payment of dowry.

Legend has it that, many years ago, when it was feared that Ankole cattle had become extinct, the omugabe (king) fired a magic arrow into the air which caused it to rain for four days. When the rain stopped on the fifth day, herds of cattle appeared and the community rejoiced.



Ankole: Uganda's royal cows



# Ankole at a glance

**Location:** Mainly Uganda and Rwanda, but also found in other parts of East Africa

Height: Up to 6 ft 6 in at the shoulder

Weight: Between 500 and 700 kg

**Diet:** Herbivorous

Length of horns: Up to 8 ft Lifespan: Up to 20 years.





Wholesaling all types of petroleum products including furnace oil and lubricants





Please call: 0735973070 or 0734675769 email: zmpetroleum@yahoo.com

ZM PETROLEUM LTD P.O. BOX 39615 - 00623, NAIROBI





# Meet the Mada team



# **Andrew Wambua**

# Head chef at Oakwood Hotel

Andrew is head chef at Oakwood Hotel, Nairobi, and has worked for Mada Hotels for 14 years.

As head chef, Andrew has a busy and varied role with many different aspects. He is responsible for managing the kitchen and its staff as well as controlling the food costs. Maintaining a high standard of kitchen hygiene and production is a key part of the job for Andrew. He also designs the menus for restaurant quests.

What he likes most about his job is maintaining a high standard of quality in both food production and staff training. One of the challenges, however, is to find specialised kitchen staff who can meet the needs of international guests.

Outside of work, Andrew enjoys farming and listening to gospel music. He is married with two children.

# Benjamin Mbithi

Front office administrator at Hotel La Mada



Benjamin has worked for Mada Hotels for 15 years and is front office administrator at Hotel La Mada.

As part of his job, Benjamin is responsible for managing and training the hotel's receptionists, concierge and night auditor.
He also draws up the staff rota.
Another key aspect of the front office administrator's role is to deal with guests – and this includes the handling of any guest complaints at the front desk. Benjamin also works directly with other hotel departments and liaises with them on a regular basis.

He particularly enjoys the business atmosphere of his work

environment. He is able to convert his experience into practicality and meet the expectations of clients, while also learning new ideas from them.

It can be challenging, however, when there is a language barrier. This sometimes makes it difficult to liaise with international guests. The handling of large volumes of phone calls can sometimes be tricky, says Benjamin, while scheduling is another challenge due to the busy nature of the hotel.

Benjamin is a father and a husband. He describes himself as gospelorientated and independent, but open to all in society.



travel insurance without all the extra baggage.

more assurance.

At CBA Insurance Agency we eliminate the fine print jargon and unwanted surprises so that you can insure your travel effortlessly.

For more information contact us on: +254 20 288 4444/ +254 711 056 444 E-mail: contact@cbagroup.com



www.cbagroup.com CBA is regulated by the Central Bank of Kenya



Your most reliable and leading HORECA supplier of Dry, Frozen and Chilled Food Products in Kenya.

We are also ISO 22000:2005 Certified

Top Brands:







Adamji Multi Supplies Ltd Apex Business Park, Main Mombasa Road, Warehouse No. 10

• 0773 044 422 • 0719 670 550 • 0773 375 305 • 0732 673 200 / adamji@adamji.co.ke / www.adamji.com



www.kilimanigreengrocers.com

At Kilimani Green Grocers and Sundries Ltd, we deliver quality service at a competitive rate. That's why so many customers turn to us for the timely and reliable delivery of their groceries.





Distributors and importers of fine groceries to Nairobi, Mombasa, Upcountry. Proud to be associated with Mada Group of Hotels

All leading foodstuff brands • Juices
<u>Tinned foodstuffs</u> • Dry goods

PO Box 76212-00508, Nairobi, Kenya · Tel: (254-020) 8097119, 2087194/5/6 Fax: (254-020) 2536410 · Cell: +254 722356254, 711444426, 734600254 Email: sales@kilimanigreengrocers.co.ke



# Chrispinus Matemba Lumumba

# Housekeeper at Hunters Lodge

Chrispinus is a housekeeper at Hunters Lodge and has worked for Mada Hotels for seven years.

As a housekeeper, he has a varied role, with the main focus on ensuring that each guest has an enjoyable stay at Hunters Lodge. Before guests arrive, Chrispinus takes part in a daily morning briefing with departmental staff and ensures that all rooms are clean and ready for the day's arrivals. Each day he checks the bookings from reception, greets the guests on arrival and shows them to their rooms. Here, he briefs guests on the room, including how to use the electrical appliances. Any faults identified are passed on by Chrispinus to the maintenance department to be rectified. After each check-out, he confirms that all items are present and ready for the next quests. A monthly stock-take is another key feature of his housekeeping role.

What Chrispinus likes most about his job is providing a satisfactory service and receiving positive feedback from guests. When guests complain, however, this can be challenging.

Outside of work, he enjoys travelling, making new friends and going to church. He is married with one daughter.



# Edna Nyaribo

# Reservationist at Mada Hotels

Edna has been working for Mada Hotels for the past 10 years.

As a reservationist, her main responsibilities are responding to emails, handling incoming calls, confirming and charting bookings and preparing itineraries for clients. She is also responsible for making sure the hotel has its bookings for the day and for any other administration task that is required.

The most enjoyable part of this role for Edna is when clients are happy and satisfied with the service. When it's busy, however, it can sometimes be a challenge to deal with many inquiries at once.

Edna is married with two children: a boy and a girl. In her spare time, she enjoys football and spending time with her family.

# Tick Behind the Tock



# **Gladys Nina** Masseuse at Kilima Safari Camp

Gladys is a masseuse and has worked for Mada Hotels for two years.

As a masseuse, she helps clients get relief from pain, stress and physical ailments by massaging and kneading muscles and soft tissues in order to relax their bodies. In addition, she talks with clients about their medical history and any problems with stress or pain in order to determine how massage will be most helpful to them. She also gives advice on relaxation techniques to help prevent muscle problems and relieve stress.

In this role, Gladys most enjoys helping guests to physically relax after a full day on safari. It can be challenging, however, to remain flexible when guests reschedule or cancel their appointments. It's also important for her to go beyond clients' expectations and deliver excellent customer service.

Gladys is single and enjoys travel, watching football and playing darts.



# Lebaskin Obiero

# Barman at Kilifi Bay Beach Resort

Lebaskin has worked for Mada Hotels for eight years and is a barman at Kilifi Bay Beach Resort.

As a barman, his main duties are to plan and present the bar menu to clients, take orders for drinks and snacks, mix ingredients for cocktails and other drinks and ensure they comply with the hotel's standard recipes.

The most enjoyable part of the job, according to Lebaskin, is paying keen attention to his clients to ensure they have a good time. He also enjoys being creative when it comes to making cocktails.



It can be challenging, however, when dealing with clients from overseas if there is a language barrier. It can also get very busy, especially when a large number of customers arrive at once.

Lebaskin is married with two children, both of whom love swimming. He enjoys football and sport in general.

# Krishna Aryal

# Food and beverage manager at Mada Hotels

Krishna is the food and beverage manager at Mada Hotels and joined the company in October 2015.

His main duties involve supervising operations and the handling of all food and beverage outlets across the company. He is also tasked with monitoring and ensuring the fulfilment of the company's specified projects and tasks, as well as administering all food and beverage facilities. He aims to ensure optimal cleanliness, safe procedures and efficient working. Krishna assists various departments in the selection process, provides guidance to staff members and ensures proper surveillance of food and beverage supply units using subsidiary wings. As food and beverage manager, he is involved in the use of information technology and in planning any necessary upgrades. If a customer has a grievance, Krishna aims to resolve the matter in a systematic way.

Krishna enjoys working with his team, but most of all he enjoys interacting with employees at different levels of the organisation and across all functional areas with guests. He loves to learn new things about the company and about how new technology can be used to achieve a smooth service. He enjoys being appreciated for his work, especially when someone takes the time to tell him they appreciate his efforts.

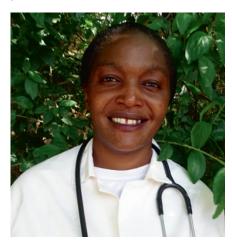
One of the challenges, from Krishna's point of view, is that customers have higher expectations than ever before and he needs to pay close attention to the clients.

Krishna is married, while his own family consists of his mother, father and brother. He says that learning to become self-sufficient is an important skill as well as learning new things every day.

# Veronica Bungei

# Nurse at Fig Tree Camp

Veronica is a nurse at Fig Tree Camp in the Masai Mara and has been working for the company for three years.



Her role as a nurse has many responsibilities, including recording the medical history and current symptoms of her patients, operating medical equipment, monitoring patient health and recording signs and symptoms. She advocates for the health and well-being of each patient as well as providing support and advice.

According to Veronica, the best thing about being a nurse is seeing her patients feel better and healthier.

It can be challenging, however, when she can't administer the correct treatment or if patients are unhappy with the level of service.

Veronica is married with two children. In her spare time, she enjoys reading journals and listening to gospel music.



# Yohana Joseph Lugiriva

Driver guide at Balloon Camp Tarangire

Yohana is a driver guide at Balloon Camp Tarangire in Tanzania and has worked for Mada Hotels for eight years.

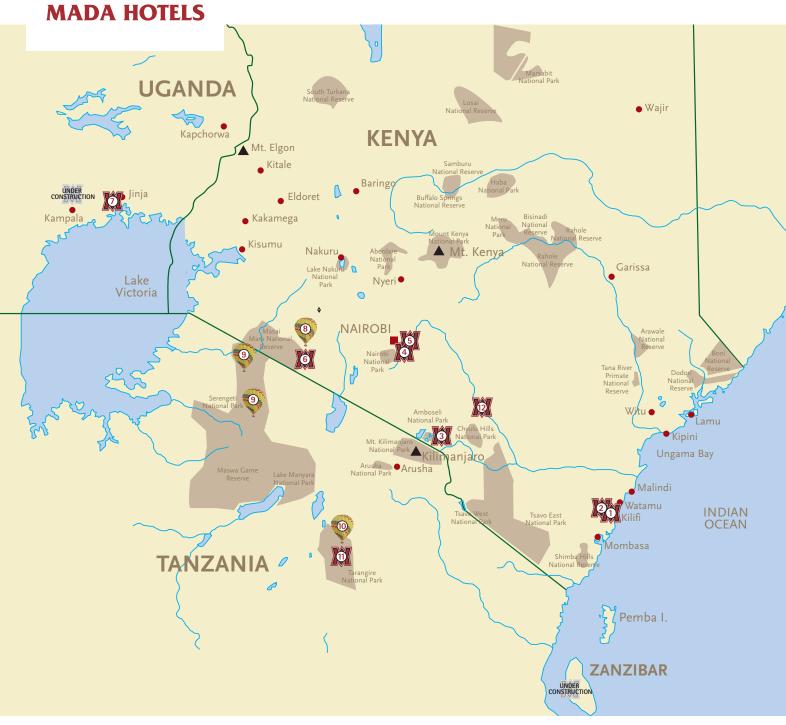
Yohana maintains the movement of cars as well as meeting and briefing guests before their drive. During a game drive, he acts as guide and helps guests to get the most out of their experience.

He says the most enjoyable part of the job is seeing the animals in the bush. He also enjoys driving the guests around Tarangire.

Bad weather in the rainy season can be a problem, however.

Yohana is married with three children: two girls and a boy. On his days off, he enjoys spending time with his family. He also appreciates a nice gin and tonic.

# The Mada Family



he Mada Hotels group comprises nine properties – seven in Kenya and one each in both Uganda and Tanzania. Two further properties are under construction in Uganda and Zanzibar. In addition, the group operates balloons from locations in both Kenya and Tanzania. The operating properties comprise: tented camps in the Masai Mara, Amboseli and Tarangire, a pair of ocean-front hotels in Kilifi, two city hotels in Nairobi, a resort in Jinja and a lodge located just off the Nairobi-Mombasa highway.

# MAP LOCATIONS KEY

- 1) Kilifi Bay Beach Resort, Kilifi
- 2 Baobab Sea Lodge, Kilifi
- 3 Kilima Safari Camp, Amboseli
- 4) The Oakwood Hotel, Nairobi
- (5) Hotel La Mada, Nairobi
- 6 Fig Tree Camp, Masai Mara

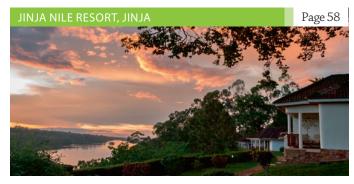
- 7 Jinja Nile Resort, Jinja
- (8) Adventures Aloft, Masai Mara
- 9 Adventures Aloft, Serengeti
- (10) Adventures Aloft, Tarangire
- Balloon Camp Tarangire
- Hunters Lodge, Kiboko

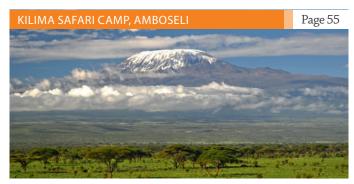


























### QUALITY TRUCK BODY BUILDERS & TRUCK MOUNTED EQUIPMENTS

Established in the 1980s, we are a leading truck manufacturers in Kenya that produces light and heavy commercial vehicles. We specialise in truck-mounted equipment and are a one-stop supplier for designing and installing brand names, as well as producing custom truck bodies, parts and accessories. We deal with tippers, water bowsers, trailers, bull bars and winches.





### **KISUMU OFFICE**

PO Box 253-40100 Tel: (020) 2111 268/9 (020) 2111 260

Fax: (057) 202 2935

Mobile: 0726 646 514 / 0732 715 900 Email: hbs@hayergroup.com

### **NAIROBI OFFICE**

PO Box 12107-00400 Tel: (020) 344 6730

(020) 374 6735 Fax: (020) 374 6785

Email: hbs\_nbo@hotmail.com Email: hbs@hayergroup.com

### HAYER BISHAN SINGH & SONS LTD

CIVIL & STRUCTURAL ENGINEERING CONTRACTORS

We are one of the major engineering contractors in Kenya due to our punctual completion of projects, attention to detail and solid workmanship. Our company consists of strong and highly skilled professionals in the field of civil engineering, building, mechanics, electrical and project management.





### SERVICES

CIVIL ENGINEERING

- Road construction
- Repair and maintenance of roads and bridges
- Dyke construction
- Sea walls construction
- BTS communication towers and tower shelters

### BUILDING CONSTRUCTION

- Bus park construction
- Hospital construction
- Airports constructionSite construction

### PRODUCTS

PRECAST

- Culvert
- Precast pipes
- Precast concrete posts and products
- Concrete louvers
  Concrete blocks
- Road kerbs

### CRUSHER PLANT

- Aggregates for roads construction
- Aggregates for building construction
- Aggregates of all sizes

### ASPHALT HOT MIX PLANT

- Asphalt concrete of all types
- Chippings
- Pre-coated chippings







### Adventures Aloft Balloon Safaris

he Mada Hotels-owned balloon safari operator Adventures Aloft has over 25 years of experience providing guests with unforgettable rides above some of the region's best national parks and game reserves.

A hot air balloon ride with Adventures Aloft offers a memorable and exciting way to get a bird's-eye view of the wonderful wildlife and ecosystems of East Africa. Operating from five bases across Kenya and Tanzania – the Masai Mara, Tarangire, the Ngorongoro Conservation Area and two bases in the Serengeti – the company offers privileged locations that provide a unique opportunity to witness a range of spectacular sights including the annual wildebeest migration.

Each Adventures Aloft balloon flight departs at 06.30 and lasts for roughly one hour. The early start is well worth it, as this is the time when much of the wildlife is at its most active. Passengers can thus enjoy the sights and sounds of Africa as it awakens to a new day. The balloons tend not to follow fixed routes, rather letting the wind determine the speed and direction of each flight.

The Adventures Aloft team consists of experienced balloon pilots, each with more than 1,000 hours of flying experience, and

skilled ground crew who will ensure that each flight takes off and lands safely. The ground crew also help to prepare a sumptuous English breakfast, complete with champagne, to round off your adventure. Each balloon passenger is given a certificate to commemorate his or her flight and this is followed by a game drive back to their camp.

The company maintains a high standard of eco-friendly operations with a minimal impact on the local environment. At the same time, it expects a similar commitment from its passengers, who are asked to follow an eco-friendly code of conduct.

Adventures Aloft has a perfect safety record, giving customers peace of mind when choosing a balloon safari.

### Baobabs below in Tarangire

Ballooning operations in Tarangire National Park began in 2010 and today Adventures Aloft uses a 12-person-capacity A315 Cameron balloon to fly passengers above the spectacular Tarangire.

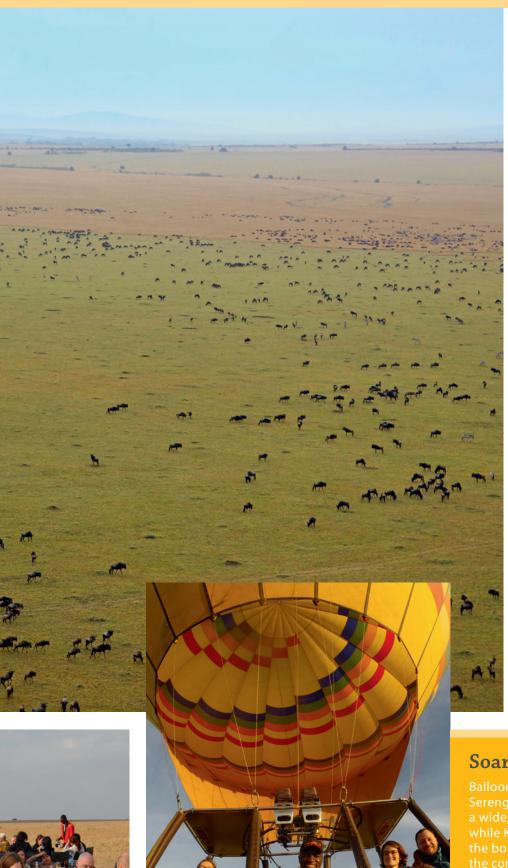
Flights depart from a site near Tarangire Sopa Lodge and tend to follow the meandering











Tarangire River, depending on wind direction. The advantage for passengers is that they can see animals both in the river and moving to and from it.

After the flight, breakfast is served on the riverbank in the shade of the famous baobab trees before a game drive back to camp.

### Masai Mara from the air

Adventures Aloft has been operating balloon flights in Kenya's Masai Mara for over 20 years, giving passengers a chance to experience from aloft the abundant wildlife and spectacular landscapes of this world-famous national park.

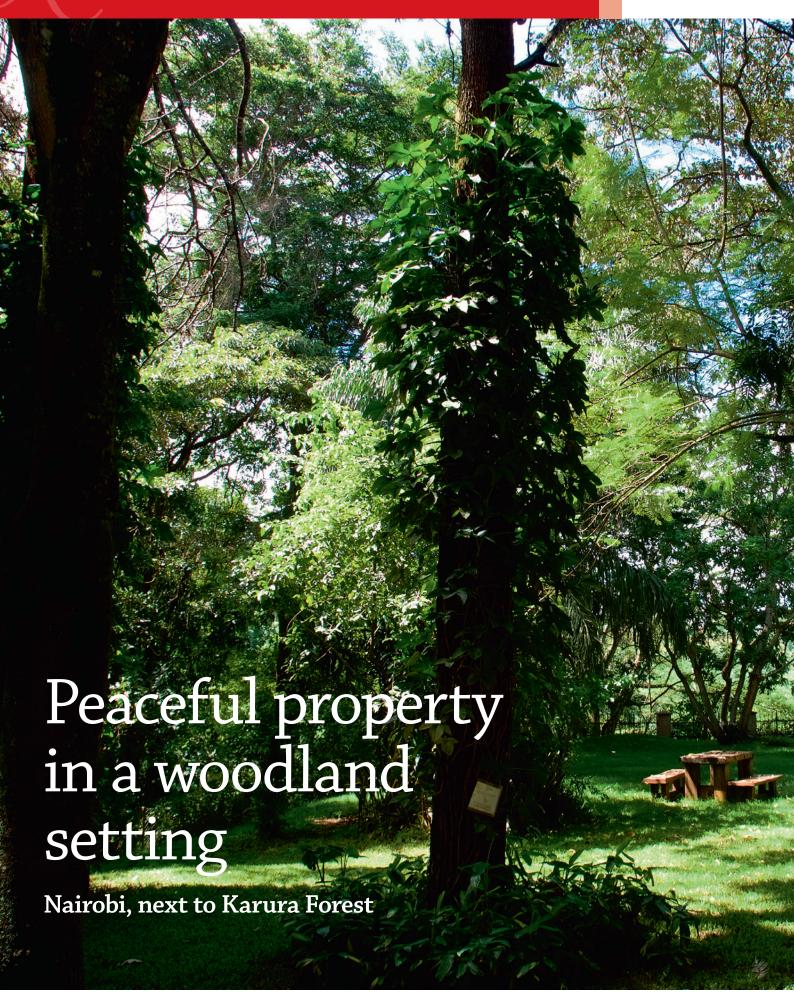
Flights depart daily from Fig Tree Camp. A transfer service is provided for those staying at other camps and lodges in the Mara.

A balloon safari in the Mara is a great way to experience the wildebeest migration – one of the 'seven new wonders of the world'.

### New site in Ngorongoro

The newest site for Adventures Aloft is in the Olduvai Gorge area of the Ngorongoro Conservation Area, Tanzania. Flying above the gorge is a spectacular sight; and, at certain times of the year, guests can also witness the famous migration. Daily pick-ups are available from nearby camps and lodges.

### Soaring over the Serengeti







### Hotel La Mada

otel La Mada has a peaceful woodland setting on the edge of Nairobi, right next to Karura Forest.

This four-star boutique property has a luxurious feel and modern style. The hotel has 35 well appointed en-suite guest rooms comprising 25 double rooms, six twin rooms and four executive suites. All rooms are furnished with large wooden beds complemented by crisp white linen and towels for a classy feel.

When it comes to dining, the hotel has two options. There is an à la carte restaurant serving fine food in an elegant setting; while,

hidden in the forest, the Lion's Den Restaurant offers delicious barbecue lunches. There is also a coffee shop where guests can enjoy an afternoon beverage as well as a pool bar serving refreshing drinks in a beautiful woodland setting.

### **Amenities**

Guests can relax and unwind in the shady swimming pool, Other amenities include free Wi-Fi for guests staying at Hotel La Mada and a regular airport shuttle service.

With its close proximity to Nairobi, La Mada is a popular out-of-town venue for business

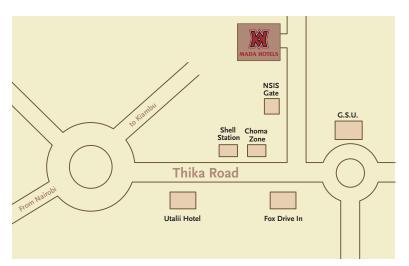


meetings and conferences, particularly as the hotel is well equipped with four conference halls and an executive boardroom. These rooms come with state-of-the-art facilities including LCD projectors, computers and a secretarial and photocopying service. When meetings have finished, staff are on hand to organise special events in the Lion's Den Restaurant as well as cocktails and live band entertainment.





## Hotel La Mada DISTANCE ESTIMATED TIME CITY CENTRE 10 km 15 to 20 mins JKIA 25 km 20 to 40 mins WILSON AIRPORT 18 km 25 to 35 mins









### The Oakwood Hotel

onveniently located in Nairobi's central business district, the Oakwood Hotel is perfect for visitors looking to experience the buzz of Kenya's busy capital.

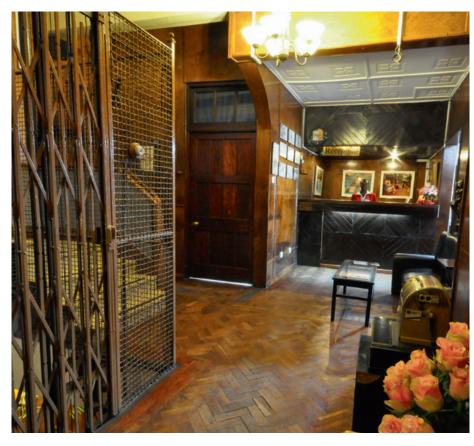
Elite House – the building that contains the hotel and was formerly called Livingstone House – dates back to the 1950s and retains its colonial architecture; and this, combined with a recent refurbishment, makes the Oakwood an appealing as well as a comfortable and convenient place to stay. Among the building's original features is a manually operated Otis lift with an impressive opencage design.

### Homely

The name of the hotel was inspired by the traditional wood panelling and decorations that help to create its warm and homely atmosphere. There are 20 self-contained rooms, all with telephone, TV, in-house video, mini fridge and tea/coffee making facilities.

Guests can enjoy food and drink in the contemporary bar with its spacious balcony overlooking Kimathi Street. There is also an à la carte restaurant featuring a traditional full English breakfast which is included in the room rate.

For business meetings, the Oakwood Hotel offers a range of facilities including Wi-Fi and free parking (not readily available in the surrounding area).



The hotel is well located near the railway station, giving ready access to other major towns and cities, especially with the brandnew Nairobi-Mombasa line having been completed in May last year. There is also a huge choice of bars and restaurants in the surrounding

area, so guests are never short of entertainment.















### Kilifi Bay Beach Resort





### LOCATION

### Kilifi Bay Beach Resort

	DISTANCE	ESTIMATED TIME
MOMBASA AIRPORT	64 km	1 hr 20 mins
MSA RAILWAY STATION	58 km	1 hr 15 mins
MOMBASA TOWN	56 km	1 hr 15 mins
MALINDI TOWN	55 km	1 hr 15 mins
MALINDI AIRPORT	50 km	1 hr



ituated on Kilifi's magnificent beach and surrounded by 26,000 square metres of tropical gardens, Kilifi Bay Beach Resort is a tranquil retreat offering peace and relaxation in an exclusive location.

Sharing this stretch of coastline with just one other hotel – Mada Hotels' Baobab Beach Resort – Kilifi Bay enjoys complete privacy with 180-degree views over the ocean and unspoilt beach.

With just 50 attractively designed rooms, this four-star resort lays emphasis on personalised service and a laid-back atmosphere. Each room has a private balcony – the perfect place to relax with a book, take



in the ocean view or enjoy a sundowner. Rooms also come with TV, telephone and free Wi-Fi. All rooms at Kilifi Bay Beach Resort now benefit from solar-heated water as part of Mada Hotels' commitment to using clean energies instead of hydro and thermal power.

There are two inviting swimming pools surrounded by lush greenery; and all guests can take advantage of the resort's complimentary on-site massage service.

### Cuisine

The resort's main restaurant serves a sumptuous breakfast buffet as well as light lunches and evening meals featuring a range of local and international cuisine. The restaurant has various themed evenings throughout the week and also barbecues. In addition to the main restaurant, guests can dine on Japanese cuisine with a focus on seafood at Teppanyaki.

The beachside Coconut Bar is a good place to relax with ocean views. As well as drinks and snacks, a special dinner is served at the Coconut Bar every Saturday. The pool bar offers refreshments all day, while a third bar, located in the lounge reception, is perfect for pre-dinner cocktails.

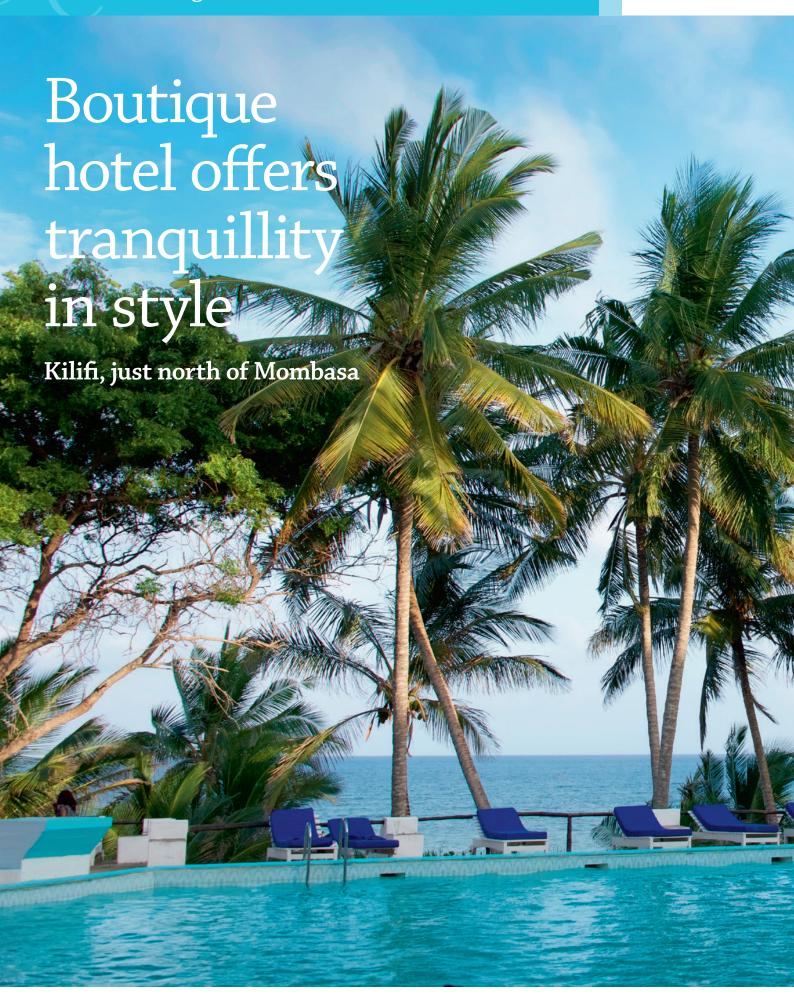


The resort offers a variety of activities and excursions including beach volleyball, snorkelling, table tennis, acrobatic shows and tours of nearby towns, including Kilifi and Malindi. Guests can also take a boat trip along the creek on board the hotel's own vessel, the 'Baobella'.

Conference facilities are available with space for up to 100 guests in the main hall. PA systems, LCD projectors, computers and secretarial services are all available to ensure the smooth and professional running of each event. To make the most of the resort's coastal setting, there is a range of leisure activities available for conference-goers including beach dinners, beach cocktail parties and day trips to Malindi.













### **BAOBAB SEA LODGE**

**STAR RATING:** \*\*\*

**LOCATION:** Kilifi

NUMBER OF ROOMS: 30

**LEISURE:** Two swimming pools (one for children), tennis, snorkelling, windsurfing, scuba diving, glassbottomed boat, game fishing and creek cruises

**DINING:** One restaurant, banquets on request

**BARS:** Two bars and a swim-up pool bar

**CONFERENCING:** Room for 10 to 60 delegates, PA systems, LCD projector and computers

**ENTERTAINMENT:** Live music, theme pights and traditional African shows

**NEARBY ATTRACTIONS:** Kilifi Harbour, Kilifi Creek, fruit market:

OTHER FACILITIES: Wi-Fi available.

### Baobab Sea Lodge

et in seven fabulous acres with 60 metres of idyllic beachfront, Baobab Sea Lodge is an ideal getaway for those wanting to relax and enjoy the magical Kenyan coast at a budget-friendly price.

The lodge is located at Kilifi, just north of Mombasa, a picturesque old town with a wide range of facilities including a golf course as well as banks, small shops, fruit markets, a post office and a hospital. Meanwhile, the historic and tucked-away Mnarani Ruins offer a tranquil view of Kilifi Creek and the ocean. The ever-growing sophistication of Kilifi is underlined by the many large houses located on its outskirts with views of the ocean or creek.

Baobab Sea Lodge has 30 tastefully refurbished guest rooms in contemporary Swahili style. Water is heated in each room using solar power technology to minimise the impact on the environment. The lodge is furnished with every guest amenity to ensure a pleasant stay. Guests can even take advantage of the hotel's free massage service. For the more active, there is a wide choice of water sports including snorkelling, deepsea fishing, windsurfing, scuba diving and canoeing as well as trips in a glass-bottomed boat. Mada Hotels' own boat, the 'Baobella', is available for excursions around the charming Kilifi Creek.

When it comes to dining, the lodge serves some of the most delicious and fresh seafood







in Kenya. For convenience, guests can opt for basic bed and breakfast if eager to try out a range of restaurants in and around Kilifi, or can choose all-inclusive from the main restaurant.

### Theme nights

To keep guests entertained, there are theme nights throughout the week, including acrobatics, discos, live music and traditional African dancers. If you prefer a more tranquil atmosphere, there are two bars for a quiet cocktail, plus a TV lounge.

The Baobab Sea Lodge is an ideal conference venue, featuring a theatre-style room that will accommodate 200 people. Banquets, both indoors and outdoors, can also be arranged.



LOCATION		
Baobab Sea lodge		
	DISTANCE	ESTIMATED TIME
MOMBASA AIRPORT	63 km	1 hr 20 mins
MSA RAILWAY STATION	55 km	1 hr 15 mins
MOMBASA TOWN	53 km	1 hr 15 mins
MALINDI TOWN	52 km	1 hr 15 mins
MALINDI AIRPORT	47 km	1 hr





### **Balloon Camp Tarangire**

ocated on Boundary Hill in the heart of Tarangire National Park, Balloon Camp is an intimate, boutique-style camp offering luxury safari tents and broad vistas across this spectacular national park.

Each of the 16 tents is spacious and well designed, with a four-poster king-sized bed and a large, open-plan bathroom. Two brand new family tents are also available for those travelling with children or in a large group. To make the most of the camp's excellent location, each tent is raised on stilts and has a large veranda for guests to enjoy the wonderful views over Tarangire's baobabdotted landscape.

One of the highlights of Balloon Camp is the unusual swimming pool, set on a rock with uninterrupted views over the plains. The pool area is a good place to enjoy a sundowner, with a pool bar on hand to provide you with a cold beer or a delicious cocktail.

The camp is the base for Mada Hotels' hot air ballooning operation, Adventures Aloft, which operates daily flights starting at 06.30. Each flight lasts for around an hour, allowing passengers to experience the national park from a spectacular vantage point with opportunities to spot some of the many inhabitants of Tarangire. On landing, passengers can enjoy an English breakfast with champagne and Bloody Mary cocktails, on a site next to the Tarangire River. Passengers also receive a certificate as a memento of the flight.

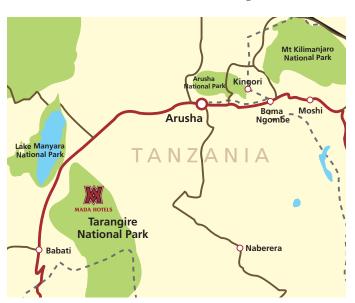


### Game drive

LOCATION

After breakfast, guests return to camp by way of a game drive in a 4x4 vehicle, providing a further opportunity to spot the wildlife.

Guests can also choose to go on a game drive independently of a balloon ride, with experienced guides on hand to help them get the most out of their trip.







### Balloon Camp Tarangire DISTANCE ESTIMATED TIME

 ARUSHA
 115 km
 2 hrs

 KURO AIRSTRIP
 15 km
 30 mins









### FACT FILE

### Fig Tree Camp

**LOCATION:** Masai Mara National

**NUMBER OF ROOMS:** 80

**LEISURE:** Balloon safaris, game

**DINING:** Buffet-style restaurant, bush

**BARS:** Two bars and a tree-house coffee deck

**CONFERENCING:** Two rooms for 10

**ENTERTAINMENT:** Champagne bush

**ACCESS:** Guests can fly in from either Nairobi Wilson or Mombasa.





### Fig Tree Camp

Situated in the famous Masai Mara National Reserve, the recently renovated Fig Tree Camp offers deluxe accommodation in an excellent location.

This classic-style camp has a choice of accommodation that includes luxury safari tents, garden chalets and the newly renovated superior Ngamboli tents. These tents enjoy brand new, modern bathrooms and wonderful views over the Talek River and Masai Mara National Park.

### **Activities**

Guests at Fig Tree Camp can choose from a range of facilities and activities, from the thrilling to the relaxed. The camp is one of the bases for Mada Hotels' Adventures Aloft ballooning operations, so guests can enjoy a magical hot air balloon ride over the beautiful Masai Mara. With daily departures, a champagne breakfast on landing and the

unbeatable sights and sounds of the Mara early in the morning, this is an activity not to be missed.

Back on the ground, guests at Fig Tree Camp can enjoy both game drives and game walks, with the chance to spot some of the Mara's famous inhabitants, including the Big Five. Local naturalists are also available to give free lectures and presentations on the flora and fauna found in the national park.

For an extra-special experience, guests can opt for a champagne bush dinner, including a night game drive and a delicious barbecue dinner in the Mara.

The on-site swimming pool is the perfect place to relax after a day in the bush, or you can toast the evening hour with a sundowner in one of the camp's two bars. Breakfast, lunch and dinner are included in the room rates, so guests can enjoy sumptuous local and international cuisine in the camp's restaurants, which also host theme nights during the week.

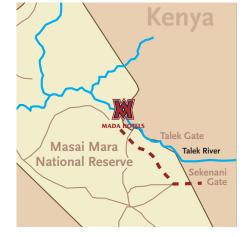
Conference facilities are available at Fig Tree Camp, including two spacious conference rooms along with PA systems, LCD projectors and secretarial services.







# Fig Tree Camp DISTANCE ESTIMATED TIME NAIROBI 240 km 5 hrs NAROK 110 km 2 hrs KEEKOROK AIRSTRIP 24 km 40 mins OL KIOMBO AIRSTRIP 14 km 30 mins







# Deluxe property with game drives and mountain views

Amboseli National Park



FACT FILE

### KILIMA SAFARI CAMP

**LOCATION:** Amboseli National Park

**NUMBER OF ROOMS: 72** 

**LEISURE:** Game drives and nature walks

**DINING:** Restaurant and bush dinners

**CONFERENCING:** Hall for 10 to 300 delegates; meeting room and boardroom; PA systems and LCD projectors

**ENTERTAINMENT:** Guest lectures

**NEARBY ATTRACTIONS:** Mount Kilimanjaro

**OTHER FACILITIES:** Resident nurse, massage, excursions, Wi-Fi.



### Kilima Safari Camp





et in 360 acres in Amboseli National Park with breathtaking views of Mount Kilimanjaro, Kilima Safari Camp is rightly regarded as one of Kenya's best-located camps.

The camp offers 50 safari tents, 10 spacious superior tents and 12 luxury lodge rooms. Each is perfectly positioned to capture the striking presence of Africa's highest mountain.

There is a waterhole right next to the property, visible from every guest room, where a variety of animals and birds come to drink each day. For a closer look, guests are taken on game drives in one of the camp's 4x4 vehicles to view some of Amboseli's vast population of elephant – around 1,500 in all – which can often be seen waist-deep in swamp water fed from the mountain. With their extensive local knowledge, the Mada guides are there to ensure that guests get the most out of their safari.



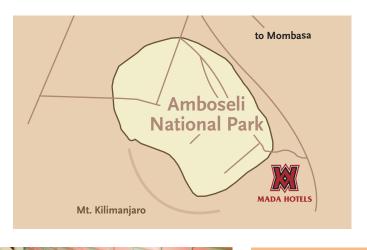
Aside from the classic game drives, Maasai morans will take guests on game walks with a local naturalist on hand to describe and explain their surroundings.

### Swimming pool

For guests looking to relax and unwind, there is a massage room with well-trained therapists on hand; while the ornate swimming pool is perfect for a refreshing dip after a morning game drive.

Kilima Safari Camp offers guests a night to remember with dinner under the stars, a truly magical experience. There is also a restaurant serving hearty Mada breakfasts, delicious buffet lunches and superb evening meals.

The three-storey Kibo Lounge offers fine views of Mount Kilimanjaro, the surrounding national park and the camp's very own waterhole. The property also has a conference hall providing a venue for retreats, events and seminars.



### LOCATION

Kilima Safari Camp			
	DISTANCE	ESTIMATED TIME	
NAIROBI	235 km	4 hrs	
NAMANGA	80 km	2 hrs	
AMBOSELI AIRSTRI	<b>P</b> 12 km	20 mins	









### FACT FILE

### JINJA NILE RESORT

**STAR RATING:** \*\*\*\*\*

**LOCATION:** 4 km from Jinja

**NUMBER OF ROOMS:** 140

**LEISURE:** Gym, health club, swimming pool, badminton, three pool tables, squash court, sauna, steam bath, massage service and tennis court

**DINING:** Four restaurants plus two private dining rooms

**BARS:** Five bars

**CONFERENCING:** Three halls for up to 500 delegates, three meeting rooms and a boardroom. PA systems and LCD projectors

**ENTERTAINMENT:** Weekend discos

**NEARBY ATTRACTIONS:** Nine-hole golf course

**OTHER FACILITIES:** Children's park, nanny service, gift shop, Wi-Favailable.

### Jinja Nile Resort

ne of the top-rated properties in the area, Jinja Nile Resort has an excellent location with panoramic views over the River Nile, combined with warm hospitality and first-rate accommodation.

A popular choice for business travellers and leisure guests alike, the resort is spread over 30 acres of lush gardens, manicured lawns, palm trees and tropical plants, creating an oasis-like atmosphere.

The main buildings are designed in a colonial style, with 140 luxury rooms featuring private balconies so that guests can enjoy the wonderful views. For an extra-special stay, residential and honeymoon suites are available.

The resort's main restaurant, Nile Palace, is set on a cliff 20 metres high with a terrace overlooking the Nile. It's the perfect place for a sumptuous meal at any time of day. The restaurant can seat up to 150 guests and serves an array of international cuisine. Two further restaurants and four bars are also available for guests. The resort also has a conference dining room and an independent bar to cater for attendees at MICE events.

In addition to the dedicated dining and bar facilities, business guests can choose from a variety of venues, including a boardroom, conference halls and meeting rooms for small and medium-sized events. For larger gatherings, the river-facing amphitheatre can



accommodate up to 3,000 people. There is also a business centre; and secretarial services are available.

### **Facilities**

Leisure facilities include a health club fitted with Technogym equipment, plus a sauna, a steam bath and massage room. A swimming pool, tennis courts and squash courts are also available on site. For those looking to take part in some of the high-adrenalin activities for which Jinja is famous, white water rafting and bungee jumping are both available from the resort.



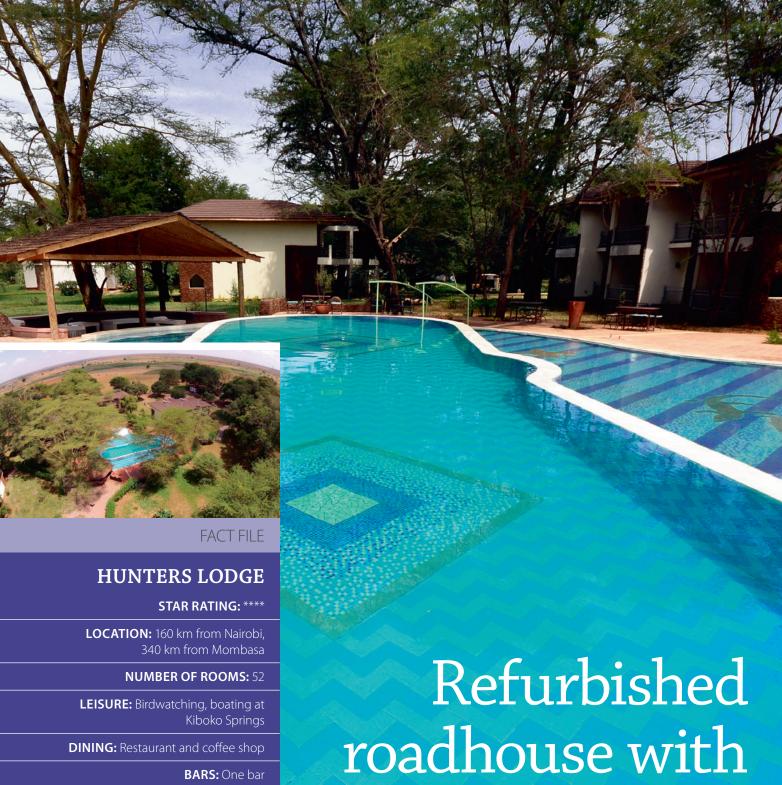




LOCATION		
Kilima Safari Camp		
	DISTANCE	ESTIMATED TIME
ENTEBBE AIRPORT	120 km	
KAMPALA	80 km	1 hr 30 mins
NWOT ALNIL	4 km	
MALABA	135 km	







**NEARBY ATTRACTIONS:** Trips to lava caves and Chyulu Hills National

**CONFERENCE:** Rooms for up to 200 people. PA systems and LCD

**OTHER FACILITIES:** Swimming pool, Wi-Fi available.

## original charm

Between Nairobi and Mombasa

### Hunters Lodge

Built in 1958 by the famous J.A. Hunter, Hunters Lodge is a fully restored property located midway between Nairobi and Mombasa.

The lodge reopened in 2014. Thanks to a restoration by Mada Hotels, the property offers beautiful accommodation that combines standard camping facilities with modern features in a traditional colonial style. This unique property is ideal for conferences and makes a great place for those travelling to and from the coast to do a spot of shopping.

Before it was refurbished, Hunters Lodge offered guests only modest accommodation with basic facilities. Today, the property has been fully upgraded by Mada Hotels while still preserving its original charm.

Renovation work began in 2012 and included enlarging the lodge by adding a further 40





rooms to the existing 12 as well as building a new conference centre for Nairobi-based companies and organisations seeking a quiet out-of-town retreat.

Hunters Lodge is located at Kiboko Springs, about 160 km from Nairobi. It has a perfect setting in 25 acres of rich gardens, surrounded by beautiful countryside. The property is ideal for birdwatchers, too, with over 100 bird species inhabiting the area.



### Conservation

J.A. Hunter, who built the original lodge, was widely regarded as one of the greatest professional game hunters of his era. In his later years, Hunter turned to wildlife conservation as well as writing about his adventures and getting involved in the hospitality sector. Following his death, the lodge was run by his wife Hilda and their sons David and Dennis.

Back in the days when the original lodge was new, it was understood that no trip to the coast would be complete without a stopover at Hunters Lodge, either for breakfast on the outward journey or for tea or a glass of cold beer on the return leg.

Later, the property went into a period of decline; but now Mada Hotels has breathed life back into this once-popular lodge, winning back visitors. It offers delicious business and lunch menus while also providing a range of amenities and services for those undertaking the long road journey between Nairobi and the coast. As a result, Hunters Lodge once again has become a perfect stopover for travellers.



Hunters Lodge - Kiboko			
	DISTANCE	ESTIMATED TIME	
NAIROBI	160 KM	2 HRS 15 MINS	
MOMBASA	340 KM	5 HRS	











### What's Cooking



### Cashew chicken

### Give your taste buds a treat

### **INGREDIENTS**

- 1 tablespoon rice vinegar
- 1 tablespoon brown sugar or honey
- 1 tablespoon oyster sauce
- 1/2 teaspoon sesame oil
- 1/4 cup soy sauce
- 3 tablespoons chopped fresh ginger
- 6 boneless, skinless chicken thighs, sliced in even sizes
- Salt and pepper to taste
- 3 tablespoons vegetable oil
- 2 cloves garlic, minced
- 1 bell pepper, cut into cubes
- 1 onion, cubed
- 2 tablespoons corn starch
- 1 cup whole roasted unsalted cashew nuts
- 2 green onions, sliced
- Chopped fresh cilantro for garnish

### Directions

- In a bowl, combine the vinegar, brown sugar or honey, oyster sauce, sesame oil, half of the soy sauce and one table-spoon of the ginger. Set aside.
- Season the chicken with salt and pepper. Heat the vegetable oil in a pan over medium-high heat. Add the chicken and fry until crisp. Cook for five to seven minutes and remove chicken from oil
- In the another pan, heat some oil and add garlic, bell peppers, onion cubes

- and the remaining two tablespoons of ginger until they are crisp-tender. Add the reserved soy and cook until the mixture boils for about one minute.
- Whisk together the corn starch and remaining soy in a small bowl and then stir the mixture into the pan. Add the fried chicken and cashew nuts and toss well so the cashew nuts can mix with the chicken.
- Garnish with slant-sliced green onions and cilantro. Serve hot.



### Pomegranate and passion fruit bliss

### **INGREDIENTS**

75 ml fresh pomegranate juice 75 ml fresh passion fruit juice 1/2 passion fruit for garnish 3 fresh basil leaves 3 fresh mint leaves

Pinch of salt

1/2 teaspoon lime juice

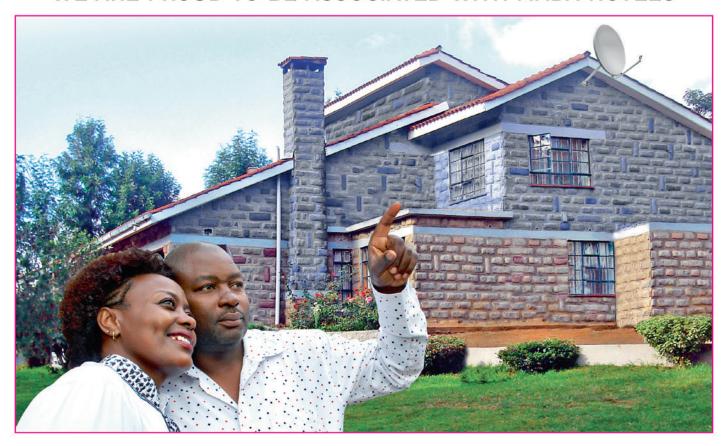
### **Directions**

- Mix the pomegranate and passion fruit juices together in a shaker. Crush the mint and basil leaves between your palms then add to the shaker along with the salt.
- Shake well.
- Transfer mixture into a glass or jar and leave in the freezer for at least three to four hours.
- Remove from freezer and strain well.
- Add lime juice and serve in a chilled champagne flute or other fancy glass.
- Garnish with basil flowers or other garnish.

Tip: Don't remove the basil and mint leaves from the juice during maturation. These help give the drink a fresh twist.



### WE ARE PROUD TO BE ASSOCIATED WITH MADA HOTELS



We offer the following insurance solutions:-

### GENERAL INSURANCE

- Marine Insurance
- Fire and Perils Insurance
- Goods in Transit Insurance
- Contractors All Risks Insurance
- Motor Insurance
- Personal and Group Personal Accident Insurance
- Domestic Package Insurance
- Consequential Loss
- All Risks Insurance
- Theft Insurance
- Money Insurance
- Fidelity Guarantee Insurance
- Public Liability Insurance
- Machinery Breakdown Insurance
- Work Injury Benefits Insurance (WIBA)
- Professional Indemnity
- Employers Liability
- Political Violence Terrorism and Sabotage

### LIFE INSURANCE

- Corporate Super Educator
- Corporate Anticipated Endowment
- Corporate Endowment Assurance
- Corporate Whole life Assurance
- Corporate Term Assurance
- Corporate Mortgage Protection Plan
- Corporate Duo Life
- Corporate Group Life Assurance
- Corporate Lala Salama (Funeral Expense)
- Corporate Group Credit Scheme
- Corporate Group Mortgage
- Pension Scheme Administration

### CORPORATE INSURANCE COMPANY LIMITED

HEAD OFFICE: CORPORATE PLACE, KIAMBERE ROAD, P. O. BOX 34172, 00100-NAIROBI, KENYA

TEL: 020 2717617(PILOT), CELL: 0770 366 955/8, 0728 700093, EMAIL: info@cickenya.com

**BRANCHES:** ST. ELLIS HOUSE, WABERA STREET, NAIROBI \* CORPORATE PLACE, MVITA ROAD, MOMBASA \* KENYA REINSURANCE PLACE, OGINGA ODINGA STREET, KISUMU

WEBSITE: www.corporate-insurance.co.ke





Happiness is shared

### FROM OUR FARM TO YOUR FAMILY



